



**FutureYOU**  
Explore possibilities. Choose your path.

# School's Guide

*Find out how we help students explore  
futures equal to their potential*



# Introducing FutureYOU!

At **LTSB**, we think of social mobility as making sure people have **greater power to choose their future**.

**Informed decision-making is critical**, and that's why we developed the **FutureYOU** programme.

## How does it work?

We'll come to your school to deliver **four engaging sessions** which will help your students understand the world of work and what employers are looking for. We'll get them thinking about what they want their future to look like, and finish with an **employer insight with a leading company**, where they'll put their newly-learned skills into practice and meet volunteers from a range of professions. Students will get a total of 11 hours' contact time.

## Who is it for?

There's a growing attainment gap across the UK, and students from disadvantaged backgrounds are underrepresented in the top professions. Our curriculum is for **14-15 year olds**, and aims to break down barriers, giving them the language to better describe their future, the skills to make the most of opportunities, and positive, first-hand experience with leading employers.

We partner with schools in the bottom 30% according to the **Index of Multiple Deprivation** in England, or the bottom 40% in Scotland.

## What students think about FutureYOU...

**Recommend  
FutureYOU  
To Others**

**91%**

**Better Understand  
Skills & Behaviour  
Employers Value**

**91%**

**Better Understand  
Progression  
Routes**

**86%**



150 respondents.

Response options range from Strongly Agree to Strongly Disagree.

# The Curriculum

1.5  
hrs

## Transferable Skills

Students are helped to recognise and articulate the skills they already have - many of which are highly valued in the workplace - and connect them to key transferable workplace skills.

1.5  
hrs

## Interviews

Students learn how to effectively communicate who they are. Using the STARR (Situation, Task, Action, Result, Reflection) method, they'll learn how to highlight their strengths and experiences.

1.5  
hrs

## Being at work

Students get an honest, relatable look at working life through case studies and stories from LTSB alumni. Topics include workplace culture, professionalism, and building strong working relationships.

1.5  
hrs

## Making decisions

Students explore post-16 and post-18 pathways, including apprenticeships, university, and employment. They'll think critically about their goals and options to make informed decisions about their future.

5 hrs

## Employer Insight

An exciting opportunity to step into a corporate environment and see it in action (or sometimes we'll bring the employer to you!). Students will tour a professional office, hear from industry experts, and work in teams to complete a challenge. They'll then present to corporate volunteers who will offer feedback and advice to build their confidence.



Our time with **the employer was wonderful** and we got so much good advice. I think this programme helped me get a **better understanding of my future and what I may do.**

*Saracens High School student*



# Gatsby Benchmarks

Our curriculum is informed by over a decade of preparing young people for professional careers. **We know what employers are looking for**, and we also understand what young people need to become work-ready. FutureYOU is closely mapped against all eight of the **Gatsby Benchmarks**, helping your meet your school's objectives, and ensuring that your students are empowered to fulfil their potential. [Read how we do this here.](#)



Some of these students have told me this is  
the **first time** they've really  
**thought about their futures.**

*Saracens High School staff member*

## Practical info

### Cost

FutureYOU consists of four sessions plus one day of Employer Insight. The cost for 25-30 young people to go through the programme will be approximately £1500. This is something we can discuss in your initial first meeting with your LTSB Programme Manager.

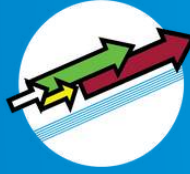
### Timings

Our sessions are designed for a maximum group size of around **30 students** and take place during the school day. We'll adapt to your needs, but usually we'll usually deliver in autumn or spring before exam season.

## Next Steps

We'd love to discuss how we can work together, so please [register your interest here](#) and we'll be in touch soon!

# LTSB



# FutureYOU

Explore possibilities. Choose your path.

I think that this programme has  
**changed my future for the better.**

*Abdullah*



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